

The Telegraph

Kids on the move at 9th annual Friends of Aine Kid's Try-athlon

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BEDFORD – Friends of Aine, a nonprofit organization providing bereavement support services to grieving children, teens and families, held its 9th annual Kid’s Try-athlon on Sunday, August 15 at the Bedford Town Hall and High School. More than 275 children of all athletic abilities participated in the swimming, biking, and running event.

The four to 10 age group swam 25 yards, biked one mile, and ran a half mile. The 11 to 15-year-olds swam 50 yards, biked two miles, and ran one mile. No flotation devices were allowed for either group during the swimming portions of the event. Participants enjoyed refreshments after the races, along with arts, crafts, and entertainment provided by vendors.

The Kid’s Try-athlon was sponsored by AutoFair Automotive Group, Dan O’Brien Automotive Group, Bellwether Community Credit Union, Catholic Medical Center, Rothwangl Dental Care, Bedford Men’s Club, and many other generous local businesses. Millennium Running designed the race courses and managed event timing.

“The Kid’s Try-athlon is an important part of our mission. It provides kids the opportunity to get outside, gain confidence in their athletic abilities, and support other children and families who are grieving,” said Christine Phillips, Friends of Aine Co-Founder. *“It also honors the memory of our beloved Aine, who enjoyed any form of physical exercise outside – especially swimming, biking, and running during the summer months.”*

For more information about Friends of Aine and its grief support services, visit friendsofaine.com.

Source: [Kids on the move at 9th annual Friends of Aine Kid’s Try-athlon | News, Sports, Jobs - The Nashua Telegraph](#)